

Friday 1 December 2023

World AIDS Day Last week we told you about the work of the testing team, who have taken the Mobile Information Bus to RGU, Elgin, Huntly, Peterhead, and (today) Aberdeen offering on the spot testing for HIV, Hepatitis B, and Hepatitis C in the run up to World AIDS Day. Over the course of the week, the team estimate they've carried out around 140 tests, and had countless more helpful conversations with people about all aspects of their health. Well done to them! For advice, support, and information on where to get tested visit:

- NHS Grampian Sexual Health Service: www.grampiansexualhealthservices.com
- Local patient forum and peer support service - Our Positive Voice (Grampian): <https://ourpositivevoice.org>
- Information leaflet about Blood Borne Viruses: [BBV Leaflet - E-Version final.pdf \(grampiansexualhealthservices.com\)](#)

Laboratory newsletters The latest newsletters from the labs team are available via the links below:

- [Primary Care newsletter is available here](#)
- [Secondary Care newsletter is available here](#)

Christmas menus – retail catering Cafes at ARI, Woodend, Royal Cornhill, and Dr Gray's will be serving a Christmas menu on the following dates:

- 12 December – Dr Gray's, Woodend, Royal Cornhill
- 13 December – ARI Pink Zone Café

The menu will be the same across all outlets: Scotch Broth (£1.30), a choice of roast turkey, roast rib of beef, or beetroot wellington, with all the trimmings (£7), with Christmas pudding or cheesecake for dessert (£2.50).

That was the week that was It's Friday. What have we been sharing this week?

Monday 27 - use of 23/24 annual leave, adult liaison psychiatry – change to referral process

Tuesday 28 - week in review, salary submission festive deadlines, become a registered nurse with the OU

Wednesday 29 – site security – a shared responsibility, HEPMA training – action required by junior doctors rotating into ARI/Woodend

Thursday 30 – Safe Transfer of Patients/30-30 project, temporary change to HR services

[All briefs are stored online, just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

STAR Award No presentations to share this week; if you would like to make a STAR award nomination, simply [complete the online nomination form](#), or email the details of the person/team you want to nominate to gram.staffthanksandrecognition@nhs.scot.

Tune of the day My sources tell me the urology team have their Christmas night out tonight. For them we have [The Urology Anthem \(Feel It Still\) by ZDoggMD.com](#) (please note this is somewhat cheeky and definitely tongue in cheek!).

I'm sticking with the Christmas party theme, as Claire Reid let me know the Aberdeen Dental School team have their 'night oot' tomorrow. She's asked for [Elton John and Step into Christmas](#), a song which celebrates its fiftieth birthday this year.

And finally, for something completely different! Thanks to the colleague who pointed out tomorrow will mark 100 years since the birth of Maria Callas. Born in America, to Greek parents, she dominated the opera world. Her Wikipedia is a rabbit hole worth falling down and a film is currently being made of her life starring Angelina Jolie. Here she is, singing ['Vissi d'Arte' from Puccini's Tosca](#) in 1964.

If your work do is this weekend, have a great time, don't hit the firewater too hard, and don't do anything I wouldn't do. If you're on shift, take care. If you're recharging, enjoy. The brief will be back on Monday (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot