

Wednesday 10 April 2024

Chief Officer, Moray Health & Social Care Partnership Simon Bokor-Ingram, Chief Officer for the Moray Health and Social Care Partnership, and the Moray Portfolio Lead, will step down from his role at the end of May. Simon will move to a part time role, working two days a week on specific projects for NHS Grampian. Simon said: “I am very proud of what the team delivers, each and every day, across Moray in community and acute settings, and I am honoured to have had the opportunity to work with such dedicated people. Unfortunately, my ongoing long term health condition means I cannot maintain the energy required for the leadership role of the Chief Officer, and I have made the difficult decision to step down.”

Further information about interim arrangements will be shared in due course.

Shale car park - Foresterhill At the end of last year we announced a reduction in spaces in the shale car park to allow essential works on the Flood Mitigation programme. This reduction - of 25 spaces - will be permanent. We know car parking on this site is a concern for many of you and we want to stress there remain 593 spaces in the shale, and a further 227 in the tarmac car park. In addition, we continue to share the multi-story car park, from Level 6 and above. As a reminder, our request to vary the planning conditions for the multi-storey car park and make this arrangement permanent has been submitted to Aberdeen City Council. [You can see the full application, and make comments, here.](#)

The Flood Mitigation programme is linked to both the new mortuary and the Greenspace projects. There is a clear need to develop an integrated water management system across the whole Foresterhill site, not only for the benefit of those on-site, but to manage wider flood impact on the Denburn.

World Parkinson's Day This global event takes place tomorrow. Locally, we have pledged to support a UK wide campaign to ensure Time Critical Medications in Parkinson's are given on time, every time whilst a person with Parkinson's is in hospital. We know not giving regular medications in a timely way leads to an increase in hospital stay, a decline in mobility, speech, and swallowing and can lead to pain. This short 3-minute video is designed for all staff, regardless of role, to raise awareness of importance of this: [NHS Time Critical Medication Mandatory Training \(youtube.com\)](#)

In the coming months we will be introducing guidance to all Senior Charge Nurses on adult wards, outlining some simple steps to help ensure a person with Parkinson's gets their medications on time whilst in hospital. If you'd like more information about this, please get in touch with Dr Zoe Muir zoe.muir@nhs.scot. If you work with people with Parkinson's we are holding a Parkinson's Excellence Network educational afternoon on 19 June in the Suttie Centre, from 1.30-4pm. If you'd like to attend, please email smatson@parkinsons.org.uk This regional event will be a great opportunity to network and learn, bringing together services across the North of Scotland.

Top Up Degree Study Skills Sessions Working with RGU, we have arranged two study skills sessions for candidates hoping to apply for the next cohort of the Top-Up Degree (BSc Professional Practice). These will take place on Tuesday 14 May 10am-12noon and Thursday 16 May 1-3pm. Further [information can be found on the Practice Education intranet page](#) (networked devices only). Please contact gram.topupdegree@nhs.scot if you wish to attend.

Free Voter ID Voters in Scotland now need to show photo ID to vote at polling stations in some (not all) elections. If you do not have a suitable form of ID you can apply for a free voter ID document, known as a Voter Authority Certificate. There is more information available on the Electoral Commission website: [Voter ID | Electoral Commission](#)

We Care Wellbeing Wednesday

- **Spaces for Listening** This is a simple and lightly structured process which creates a space for colleagues to come together to share their thoughts and feelings. It is confidential, there is no hierarchy, and we all participate as people. [There's more information on Turas \(log-in required\)](#). There are 2 sessions this month: this Friday (12 April), 1-2pm (contact fiona.sharple@nhs.scot to book); and 24 April, 8.30-9.30am (contact agnieszka.stephen@nhs.scot to book).
- **Action for Happiness: Active April** This month's Action for Happiness theme is all about staying active and looking after yourself through new and fun activities – it highlights bite-size daily tasks to get moving and spend as much time as possible outdoors. You can view the calendar here, and download it in a range of languages: [Active April | Action for Happiness](#)

Tune of the day Dougie Cameron, senior charge nurse on Ashcroft ward at Inverurie Hospital, makes today's request. He has just a few days left in this post, as he's off to a new role within the Hospital@Home team. Dougie has asked for [A Hero's Death](#) by Fontaines DC, dedicated to all his colleagues on the ward, across Aberdeenshire, and at Royal Cornhill for their support and friendship (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot