

Wednesday 24 April 2024

Flushing water outlets – what you need to know The routine flushing of water outlets is a critical part of maintenance of safe water systems in all our buildings. Compliance with the relevant Risk Control Notices (21-01 and 21-02) are risk mitigation measures which are included in the 5 Factor Risk Assessment which all inpatient areas were asked to complete before September 2023. It is also part of the Safe and Clean Care Audit.

It is the responsibility of all staff to ensure the correct paperwork is in place for documenting their flushing practices. Flushing records should be held at ward/department level with copies submitted to Gram.MaTS@nhs.scot Everyone working in inpatient areas should ensure they complete the annual eLearning Toolbox talk 'Routine Flushing of Water Outlets'.

We are installing and trialling 'Smart Taps' in a limited number of areas to understand if they can help us with water management and to ensure flushing is undertaken as often, and for as long as required to be effective. We will do our best to limit any disruption in the installation areas and apologise for any inconvenience in advance. Subject to a successful trial, we hope to roll out further use of these taps over time.

Smarter Working As we continue to adopt and embed smarter working across the organisation as a permanent change - and not just something we did as a result of COVID-19 - we want to understand where you work, what teams you are part of, and what is required to make smarter working easier for you. [This survey should take no more than 10 minutes to complete](#); your answers will help us understand what you need from us to be able to work as efficiently as you can. This survey will be open until **22 May**.

Finance department relocation From next Monday (29 April) the Finance Department will relocate from Westholme to Summerfield House. All email and telephone numbers remain the same; please ensure all mail for the Finance Department is addressed to: Finance Department, Summerfield House, 2 Eday Road, Aberdeen, AB15 6RE.

Culture Matters survey 2024 Thanks to all colleagues in Combined Child Health and Facilities & Estates for their participation in this year's Culture Matters survey. We appreciate the time and care taken to complete the questions. The wait for results is nearly over; both teams should expect receive their reports next week. Senior managers will also get briefings from our survey partners BPA. Once everyone has had the chance to absorb the findings, work will begin on action plans and next steps for improving.

Updated - staff physiotherapy service self-help guide The staff physiotherapy service produces an information guide, to help you understand the different types of musculo-skeletal pain, and how we can all be more physically active. The latest edition focuses on de Quervain's tenosynovitis which is a common painful condition of the wrist. You can read the full guide here: [NHS Grampian Staff Physiotherapy Service 2024 \(cloud.microsoft\)](#)

Laboratory newsletters The latest editions of the laboratory newsletters are available to read via the links below (networked devices only):

[Primary Care newsletter.](#)

[Secondary Care newsletter.](#)

We Care Wellbeing Wednesday

- **Psychological Safety** Have a look at the information below to learn more about our Psychological Safety training sessions, with the next session taking place on Thursday 9 May. Scan the QR code or [book your spot via TURAS here](#). If you have any questions, or want to find more about any of the training we offer, please contact us via our email: gram.wecare@nhs.scot

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...because you care

Psychological Safety

gram.wecare@nhs.scot
https://learn.nes.nhs.scot/58534

Psychological safety in the workplace is an evidence-based concept that teams will try to strive towards and aids in creating an environment where everyone can speak up, some benefits are:

- Stronger staff morale
- Higher productivity and creativity levels
- More staff engagement and job satisfaction

Psychological Safety requires a cultural shift towards team members being comfortable to challenge the status quo. For more information or to book onto a session please scan the code or contact visit the We Care Turas page.

SCAN ME

SPACES AVAILABLE:
THURS 9th of May
09:45-12:00

TURAS

- **Grampian Wellbeing Festival** For the past eight years, the Aberdeenshire Wellbeing Festival has been held to support mental health and wellbeing. This year, they have worked with Aberdeen City HSCP for Stay Well Stay Connected and Moray HSCP to offer the Grampian Wellbeing Festival 2024 in May. The festival includes a wide range of sessions, including Menopause Support, Suicide Prevention Training, Dementia Support, Indoor Football, Mindfulness Taster Sessions, and much more. A full programme is available here: [Grampian Wellbeing Festival \(nhsgrampian.org\)](https://nhsgrampian.org)

Tune of the day Two farewells today, as we mark significant careers with the NHS. Moira Murray is leaving the paediatric physiotherapy team for the final time, after more than 40 years in the NHS, 34 of them in Grampian. Lead physiotherapist Irene Croal says: “Moira will leave a huge gap in our team, but we all wish her well, knowing that she will be brilliant at whatever she does next. So, a bit tongue-in-cheek, and because we know she loves Rag 'N' Bone Man, the song we are requesting is [Anywhere Away From Here](#)”

Secondly, consultant Derek Veitch is departing the ENT team after 32 years here in Grampian, 46 years total in the NHS. Sascha Brown says Mr Veitch is a much-loved colleague who will be greatly missed and on behalf of the team she’s requested [I’m On My Way](#) by The Proclaimers (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot