

Wednesday 24 January 2024

Major recruitment campaign launched A groundbreaking recruitment campaign, designed to attract healthcare professionals to Moray, has been launched. With the tagline of ‘Make a life, not just a living’ the campaign focuses on the quality of life in the area, as well as the opportunities for professional growth and development. We are moving beyond the traditional recruitment channels and advertising with everyone from Sky to Mountain Biking UK, as well as on social media platforms. The adverts will target the major cities in the UK, as we aim to let everyone see the life they could live.

You can find out lots more about the campaign, and see the adverts for yourself, here: [NHS Grampian launches innovative Moray Recruitment Campaign to attract top talent and enhance work-life balance in healthcare](#)

Bed Base Review Project Update The second tranche of additional beds in Aberdeen Royal Infirmary’s orange zone are ready to open on Monday (29 January) as part of the Bed Base Review.

- 14 new beds in Ward 304 – now ‘The Frailty Unit’ – will be added to the bed capacity in ARI
- A number of beds in wards 402 & 403, currently occupied by Frailty patients, will be vacated and taken over by medical specialties.

This takes the total number of additional beds in ARI to 32 as part of the Bed Base Review project stage 1A, (Ward 303 – Respiratory Unit – opened 18 beds in December). If you have any questions or suggestions for the Bed Base Review team, please email gram.programmesteam@nhs.scot

Death Certification Review Process The Death Certification Review Service (DCRS), hosted within Healthcare Improvement Scotland, was established in 2015 to fulfil requirements within the Certification of Death (Scotland) Act 2011. The aim is to improve the quality and accuracy of Medical Certificates of Cause of Death (MCCD) for the benefit of families, public health, and clinical governance reasons. The DCRS review around 12% of randomly selected MCCDs before registration of the death can take place. The HIS Reviewer meets with the relevant Medical Director to discuss review findings, and, at our last meeting, Grampian performance was above the Scottish average ([click here to view the report](#)) thanks to the efforts of clinical teams and support given locally for the process by the Mortuary team.

Our Mortuary team – contactable via ext 52112 – and the Death Certification Review Service (DCRS) offer advice on the completion of MCCDs and are happy to be contacted for this reason (Advice Line – 0300 123 1898). The DCRS will also offer bespoke training for groups of 12 or more, for further information email his.dcrs@nhs.scot

Safe Transfer of Patients (ARI) project – next drop-in session There will be another open drop-in session, giving you the opportunity to find out more about this project and ask any questions you may

have, next Wednesday (31 January). The session takes place on Teams, between 1-2pm; to request the joining details, please email gram.pipdirector@nhs.scot

Corporate Communications – we're here to help If you are looking to communicate with the public about a service change, remember the Corporate Communications team can lend a hand. They can review draft letters and advise on how best to engage with key partners including the local media. If you're not sure where to start, email gram.communications@nhs.scot. We're also always happy to help flag up all teams' key achievements and milestones on social media. Some of our simplest staff people stories reach up to 500,000 people! Email gram.socialmedia@nhs.scot

Evaluation Clinics Grampian's Evaluation Network have released new Evaluation Clinic slots: these are tomorrow (25 January) and on 29 February. If you are planning a service change or project and want advice on any aspect of planning, implementing, writing up, or disseminating an evaluation, you can [book via this link](#). If you have any queries or if the clinic date is not convenient, please contact CLeask@aberdeencity.gov.uk or niki.couper2@phs.scot

Aberdeenshire HSCP Wellbeing Wednesday Before we dive into the We Care Wellbeing Wednesday, we wanted to share what colleagues in Aberdeenshire HSCP are up to. They've launched a 'Wellbeing Wednesday' message as part of their Workforce Plan Staff Health & Wellbeing Action Plan. This seeks to support the health and wellbeing of people working across the 'Shire and complement the work of We Care and Aberdeenshire Council's Wellbeing Programme. Chief Officer Pam Milliken will serve as the 'Shire Health & Social Care Partnership's Staff Health and Wellbeing Champion. You can read the latest message on the intranet here: [Pages - WellbeingWednesday \(scot.nhs.uk\)](#)

We Care Wellbeing Wednesday

Home Energy Scotland Free online energy efficiency workshops are designed to help you: save money on your energy bills; be warmer and cosier at home; adopt new habits and be more efficient; become an energy efficiency champion; and play your part in creating a greener, healthier Scotland. Funded by the Scottish Government, the workshop is practical and fun, providing ideas and tips to put into practice at home and at work. Upcoming Sessions: [Book now for Wednesday 31 January](#) at 11am or [Book Now for Thursday 22 February](#) at 10am. Sessions last 45-60 minutes.

You can also check out their competition, to win up to £350 worth of energy saving items for you and your home. See the poster sent out by email with today's brief for the QR code and more details.

Menopause Awareness in the Workplace This training aims to make people aware of the issues women who go through the menopause can face, and how these can affect the way they work. It is aimed at everyone who wants to find out more about the menopause, the importance of awareness, and how to support people. [Book now for 6 February](#) 1.45–4pm.

We also have sessions designed for men only, in response to feedback asking for a male-only session, delivered by a male, to increase knowledge and understanding of the menopause, and support available. [Book now for sessions on 15 February and 10 September](#).

If you have any questions or want to find out more about our menopause resources, or other training sessions, please contact us via gram.wecare@nhs.scot, visit our [website](#), or find us on TURAS.

Guided Journaling Journaling is recognised as being helpful in reducing anxiety and can help us become more flexible and accepting in our thinking. 30-minute journaling sessions provide us with an opportunity to pause and reflect, and the facilitator will guide you through the journaling process. No prior journaling experience is necessary – all you need is something to write with and some paper.

Upcoming sessions include: 25/01/24 at 8am, 29/01/24 at 5pm, 01/02/24 at 8am and 05/02/24 at 5pm. Book a space or see more upcoming dates [via TURAS](#), and if you have any questions or want to find out more contact Fiona.Soutar@nhs.scot

Tune of the day Congratulations to Anne Beattie, General Surgery Medical Secretary, who is celebrating a big birthday AND semi-retirement. Your team has requested [Landslide by Fleetwood Mac](#) for you, Anne, and hope you have a great day and enjoy your birthday celebrations!

For any Fleetwood Mac fans chuntering through January in need of a box set, check out Daisy Jones and the Six, based on the novel with the same name which was partially inspired by Fleetwood Mac. It's a bit like marmite for those who've read the book but makes for some v entertaining viewing (KJ).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot