

Friday 29 September 2023

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**Migraine management** Improving Migraine Management in NHS Grampian's Community Pharmacies is a partnership project between us and The Migraine Trust. The project aims to:

- improve recognition, diagnosis and management of migraine by community pharmacy teams
- promote public awareness of what community pharmacy teams can offer to support migraine management, and encouraging people to have a conversation with their pharmacy team if they have or think they might have migraine
- promote public awareness of migraine and trustworthy self-help resources.

In conjunction with The Migraine Trust, we have developed an eLearning module on migraine management. Although this is aimed at pharmacy team members, it includes valuable learning for other clinicians. [You can find the module via this link](#) or by searching 'Migraine management for the pharmacy team' on Turas. If you wish to get in touch about any aspect of this project, please email: [gram.transformationteam@nhs.scot](mailto:gram.transformationteam@nhs.scot)

**Reminder - Road closure, Foresterhill Health Campus** Part of the access road which runs alongside the Radiotherapy building at Foresterhill will be **closed** between 7am-4pm **tomorrow** (30 September). This is to allow for the removal of a scanner and associated equipment. There will be signage in place, please follow the local diversions.

**UNISON information session** UNISON Grampian Health are issuing an open invitation to an information session on Monday 2 October, 5-6.30pm, in the Medical Lecture Theatre at ARI. There will be updates on the pension scheme changes and plans for the 2024/25 pay negotiations. You will also have the opportunity to ask any questions regarding current workplace issues. This event is open to ALL staff in ALL roles, whether you are a UNISON member or not. Refreshments will be provided.

**That was the week that was** Looking for a quick guide to the items shared this week? We've got your back!

Monday 25 – public holiday, no brief issued.

Tuesday 26 – empirical antimicrobial guidance – change to access, physical activity survey.

Wednesday 27 – retail catering price rises, eESS support plan update, Woodhill House relocation.

Thursday 28 – Chief Exec Q&A, pension scheme changes, realistic medicine conference.

[All briefs are stored online, just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

**STAR Award** Not one, but two STARS to highlight this week! Angela Dimambro (district nurse, South Airyhall) and Susan Heywood (domestic assistant, ARI Orange Zone) were both presented with their STAR awards this week – well done to them both! If you work with an individual or team deserving similar recognition, all you need to do is [complete the online nomination form](#), or email the details of the person/team you want to nominate to [gram.staffthanksandrecognition@nhs.scot](mailto:gram.staffthanksandrecognition@nhs.scot)

**Ticket offer – Jack Whitehall** For a limited time only, NHS staff can get 2-4-1 tickets to see Jack Whitehall at P&J Live on Sunday 8 October. Just follow the link to book your seats: [Tickets: Jack Whitehall: Settle Down, Aberdeen | Sun, 8 Oct 2023, 19:30 | Ticketmaster UK](#). Please note this offer will **close at 9am on Monday 2 October**. As always, NHS Grampian is not responsible for - and receives no benefit from – ticket offers.

**Tune of the day** A shout out to everyone working in the maternity & neonatal psychological interventions team, as they mark their first anniversary this week. They've requested [Don't Stop Believin'](#) by Journey

We got the news yesterday that the actor Michael Gambon had died at the age of 82. Known to some as Dumbledore, to others as Inspector Maigret, he had a career spanning 6 decades. We dip our toe into poetic waters around here from time to time, so here he is reading [The Song of Wandering Aengus](#) by WB Yeats. Whatever your plans for this weekend, have a good one. Thank you for everything you've done this week. The brief will return on Monday (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)