

Wednesday 9 August 2023

Primary & Secondary care collaborative working We have been working collaboratively with our primary care colleagues over the last year in developing a consensus document of good working practice for all clinicians in NHS Grampian.

[Primary and Secondary Care Collaborative Working Consensus Document.pdf \(sharepoint.com\)](#)

This document is an attempt to pull together common issues and frustrations that can arise at the Primary/Secondary care interface, with the aim of providing clarity and guidance on the standards that we should try to aspire to. It's not a set of rules and there will be exceptions, but we hope that you will find it a useful reference document. The principles incorporate several Grampian guidelines which have all been locally agreed. We hope that you may find this helpful as part of your staff induction programmes. If you'd like to feedback or become involved in future versions of the document, please contact gram.primarycarecontracts@nhs.scot

Hyperbaric medicine – want to know more? Aberdeen Hyperbaric Unit houses the only Category One chamber in Scotland and is the only solely NHS-led facility in the UK. The team treat non diving and diving emergency cases, from non-healing wounds to serious decompression sickness. Following the success of a previous course, they are offering three more one-day courses for medical, nursing, and AHP colleagues to learn more about the principles of hyperbaric medicine. Dates are as follows:

- Wednesday 15 November
- Wednesday 7 February
- Wednesday 12 June

All courses run from 9am – 4.30pm, count towards CPD hours, and include a tour of the facility. Places are very limited so email gram.hyperbaric@nhs.scot or call 01224 553 264 to book your place.

RAAC update In case you missed it, we held two information sessions on Reinforced Autoclaved Aerated Concrete (RAAC) last week. These were recorded and are available to watch on the NHS Grampian YouTube channel. The questions asked at these sessions were also used to update the FAQ which is available here: [raac-faq-03-08-23.pdf \(nhsgrampian.org\)](#)

We are awaiting confirmation of the survey programme and will share this information once we have it. In the meantime, we would encourage everyone – whether your workplace is due to be surveyed for RAAC or not – to report any building issues [via the Estates Helpdesk](#) promptly.

Reminder - vending machines Work is underway to move to a new vending machine supplier. All the existing devices will be removed by the end of this month. Abercrombie – the new provider – will be starting to install machines from next week, concentrating on those areas which do not have machines at present. It is possible some areas may be without machines for a brief period, during the changeover.

We will ensure Retail Catering Machines are stocked within the Emergency Department at ARI and the staff spaces at Woodend and Dr Gray's Hospital, as these are our current out of hours service. We apologise in advance for any inconvenience or loss of service during the supplier change.

We Care Wellbeing Wednesday

- **Upcoming Training** Spaces are still available on the following sessions (all booked via Turas):

Menopause Awareness in the Workplace – Male only Sessions, aiming to provide an understanding of the menopause, why raising awareness is important, and how to support women at work experiencing it. Wednesday 13 September, 3-4pm. [Click here to book.](#)

Guided Journaling: Recognised as being helpful in reducing anxiety and can help us become more flexible and accepting in our thinking. The sessions provide an opportunity to pause and reflect; to observe and understand what's happening around us and inside ourselves. Thursday 10 Aug, 8-8:30am; Tuesday 15 Aug, 5-5.30pm; Thursday 17 Aug, 8-8.30am; Tuesday 22 Aug 5-5.30pm. [Click here to book.](#)

Your Financial Wellbeing: Sessions designed to support employees' financial wellbeing through education and training on Retirement, Redundancy and the Annual and Lifetime Allowances, for those who wish to gain greater confidence in a wide range of financial matters. Upcoming dates: Monday 14 Aug; Tuesday 24 Oct, 9.30-11am. [Click here to book.](#)

- **Home Energy Scotland Workshops** Free online energy efficiency workshops, from Home Energy Scotland. These sessions are designed to help you: save money on your energy bills; be warmer and cosier at home; adopt new habits and be more efficient. Funded by the Scottish Government, the workshop is practical and fun, providing ideas and tips to put into practice at home and at work. Upcoming Sessions:
Thursday 10 August at 12noon for 45-60 minutes. [Click here for event details.](#)
Tuesday 22 August at 12noon for 45-60 minutes. [Click here for event details.](#)

Tune of the day Another day, another farewell to a colleague taking maternity leave (clearly very little on TV 8-8.5 months ago). This time it's Mary-Beth Dixon, part of the North Team, Kinord Corridor, at RCH. Lauren and all the gang wish you the very best, you will be missed! They're clearly feeling a little bit country over at Royal Cornhill, as they've asked for [One's on the Way](#) by Loretta Lynn

As you know, I like to share warm and fuzzy sentiments, so I am making room for this extra request from Beth Massie, a medical secretary at RACH: "I would like to request [Thank You for Being a Friend](#) for my colleague Lynda McPetrie, and the lovely gentleman (sorry I never thought to ask for your name!) who stopped to help me move my broken down car on the junction beside the new Baird Family Hospital last night. I am very grateful for your help and wanted to dedicate this song to you to show my appreciation. Thank you!" (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot