

Here is the brief for Wednesday 14 July 2021.

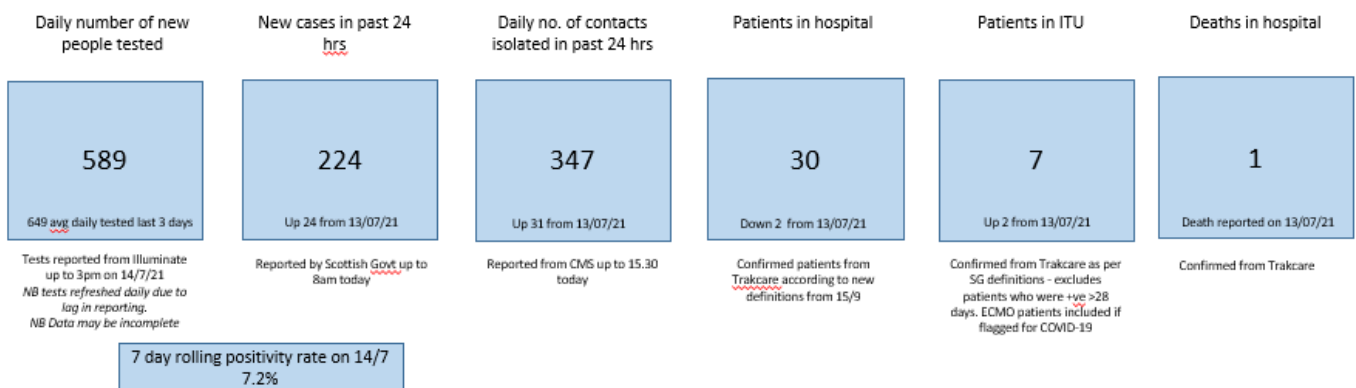
Two corrections and a clarification Thanks you to everyone who got in touch regarding the mistakes/miscommunication in yesterday's brief. They are as follows:

- The date for the move to Level 0 is, of course, Monday 19 July (not August). The predicted date for the move to 'beyond zero' is 9 August.
- Those returning from Amber List countries will not be required to self-isolate, provided they are double vaccinated (in the UK programme) **AND** take a PCR test on the second day after arrival (not the second day of their trip). This applies from Monday 19 July.

We have received further clarification on the reduction in physical distancing in 'public spaces', due to take effect from next Monday. **The requirement for healthcare premises will remain at 2 metres, in all spaces, including our catering outlets, until further notice.**

Physical distancing and contact tracing The physical distancing requirements may be changing in many public spaces from next Monday, but the definition of a close contact is **not** changing. This means if you have been, say, four feet away from someone who is infectious, for at least 15 minutes, you are still a close contact of that person because you have been closer than 2 metres. Secondly, the close contact definition **still includes close contacts who are fully vaccinated**. The change in the definition, allowing close contacts who are fully vaccinated not to isolate but to have a single PCR test, is not going to come into force until sometime in August. Contact tracing will not change on the 19th.

Grampian data The local update for today, along with the 7-day rolling positivity rate, is shown below. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories. The figure for the "daily number of new people tested" is only for the number of tests for people who have not been tested previously.



A national update is available on the [Public Health Scotland daily dashboard](#).

COVID-19 vaccination programme All clinics in Grampian are now offering drop-in for 1st dose and 2nd dose (it must be at least 8 weeks after the 1st dose) vaccination. P&J Live (Aberdeen) and the Fiona Elcock Vaccination Centre (Elgin) are open 7 days a week, the Aberdeenshire clinics (Stonehaven, Banchory, Inverurie, Macduff, Peterhead, Fraserburgh, Huntly) operate Monday-Friday.

In addition, a number of community clinics are being arranged in Aberdeen, with the Healthy Hoose, Beach Ballroom, and Mastrick Community Centre among locations operating next week. [Full details on these drop-in clinics are available via this link.](#)

Finally, the Sexual Health Service is running a specialist vaccination clinic at the Health Village on Wednesday 21 July, between 1-4pm. This is appointment ONLY and is for anyone who would also wish to speak to a sexual health specialist, is HIV positive, is a sex worker, or is a substance user. Appointments can be booked by calling 01224 655525.

Igniting Innovation event NHS Grampian Innovation Hub is delighted to host the next Innovation Network Event - Igniting Innovation - on 25 August 2021 (2-4.30pm). Exploring the role of innovation test beds, the event will consider what is needed to deliver innovation in Health and Social care services, showcase success, and encourage collaboration across the health innovation community. Our event will include workshops on key innovation topics chosen by you, AI successes and a National update from Dr David Lowe, Clinical Director for Innovation. The full agenda will be released at the end of July, please register your interest to stay up to date and join the conversation via #HSCInnoScot.

[Register your interest today by completing this form.](#)

Thought for the day – to err is human... Dropped a couple of clangers yesterday, didn't I? I have never been someone who can shrug off mistakes, so I was definitely carrying a little raincloud above my head (imagine Eeyore) when I realised what I'd done. There's nothing wrong with keeping a mistake (or mistakes) with you as a learning experience (you have no idea how many times I checked this brief today!) but we cannot let them govern our lives. We will all have made mistakes in the last 16 months (and before, to be fair). Learn from them, don't let them hold you back.

Tune of the day It's Bastille Day, a day of national celebration in France. The connection between Scotland and France goes all the way back to the Auld Alliance of 1295, which not only saw Scotland get military and diplomatic support from France, but also gave Scots merchants 'first dibs' on some of Bordeaux's finest wines. As deals go, not too shabby! We have some of France's finest music for you, in the form of [Get Lucky by Daft Punk \(featuring Pharrell Williams and Nile Rodgers\)](#). Salut!

Get in touch! If you've got a question, an item to share with people working in health & social care, or just want to suggest a tune of the day, we want to hear from you! Drop us a line via gram.communications@nhs.scot.