

Here is the brief for Tuesday 9 November 2021.

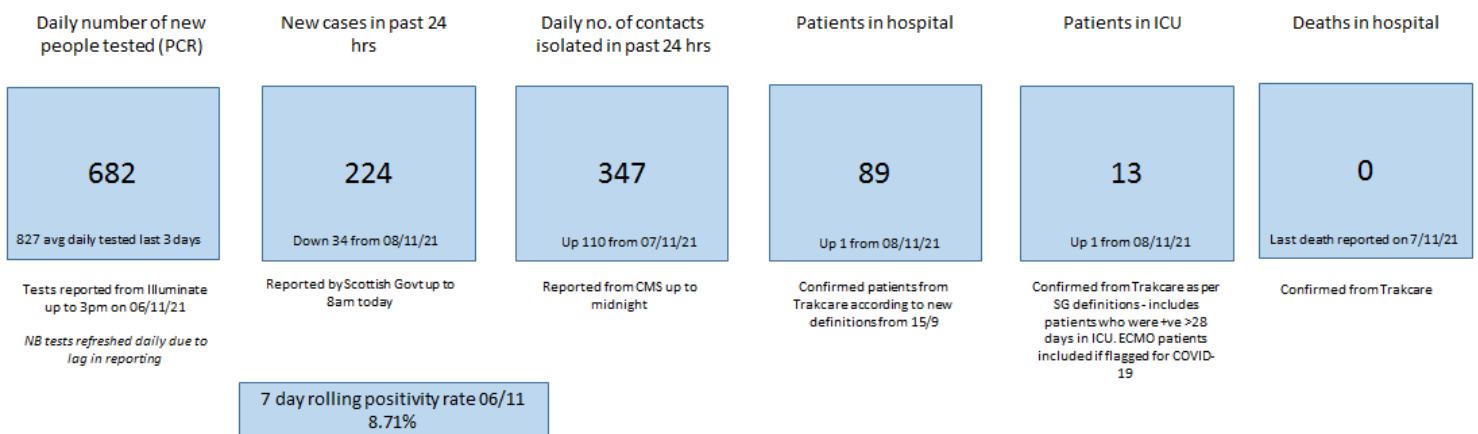
Accessing patient information Many of us will access patient information during our work. Remember that every time we access patient data there must be a clear and legitimate patient care or administrative reason. If you've any doubts about whether it's ok to access patient data, check with your manager and/or Information Governance - gram.infogovernance@nhs.scot. Inappropriate access to data can have significant negative consequences for our patients, for NHS Grampian, or for us as individuals. It can trigger HR, professional, or even criminal processes. Examples of things we must not do include looking at the medical information of friends and family, neighbours, colleagues, or our own records. If you're asked to care for a friend or relative etc, let your manager know. They will assign someone else to help that person.

Realistic Medicine We've shared updates on Realistic Medicine previously in the brief. The team are continuing to focus on shared decision making. As we've highlighted previously, one of the key elements of shared decision making is that the patient feels empowered to ask **any** questions of their healthcare provider. This opens up a meaningful conversation around what matters most to the individual and supports them to make an informed choice and this being the best decision for them. More information on how this can work in practice is attached to the email used to send out this brief.

Again, we are going to take the opportunity to signpost you towards the excellent resource that can be found on Turas. Follow the link or scan the QR code below [Realistic conversations: shared decision making in practice | Turas | Learn \(nhs.scot\)](#)



Grampian data The local update for today is shown below.



[The Public Health Scotland daily dashboard is available to view via this link.](#)

ANCHOR centre construction reaches key milestone The new ANCHOR centre, under construction at Foresterhill, has marked a significant milestone with the completion of the steel frame. This means the construction team can begin to erect the building's external walls and pour the concrete floors as this three-storey facility continues to take shape. The facility will bring together oncology and haematology day-patients and outpatients, aseptic pharmacy, research and teaching facilities, non-clinical support services, and also radiotherapy services provided from what will become the adjoining Radiotherapy Centre which opened in 2013. Around 65,000 outpatients will use the centre each year. The centre is scheduled to open in May 2023.



Aberdeenshire childhood immunisations - change to appointment process The appointing process for childhood immunisations is changing in Aberdeenshire, to match the process already used in Moray and Aberdeen City. If a child is due to have any of these immunisations:

- Primary - 8 weeks, 12 weeks, 16weeks,
- 1 year
- Pre-school booster - 3years 4 months

Parents/guardians will now receive a letter detailing the appointment from a central system. If appointments are already arranged, these will proceed as planned. Anyone who receives a second appointment for the same immunisation, should call the number on the letter. They should NOT contact their GP or Health Visitor. The Health Visiting team are still on hand, these changes are only to do with the scheduling of appointments.

Aberdeen Guide to Independent Living and Enablement (AGILE) This is now available to view and download [on the dedicated AGILE website](#). AGILE is for anyone who wants to know about the help and support that's available in Aberdeen to enable people to stay as independent as possible in their own homes. Most of the services listed can be accessed without the need for a professional referral and some are free of charge. Where services have a charge there is information on where to find the financial help and support that you may be entitled to. You may find this information useful for family members, friends and to share with your patients. [This short video may also be helpful](#).

Ticket offer – Steps, P&J Live, Saturday 13 November Steps will be performing in Aberdeen this weekend; health & social care staff are being offered free tickets to the event. [You can claim your tickets using this link](#). As this event is fully seated and for fewer than 10,000 people, ticket holders are not required to show proof of COVID-19 vaccination. Please note there is an admin fee of £2.50 to be paid. [More information on the COVID-19 safety measures at the venue is available online here](#). This offer is being made to health & social care staff by the venue and event promoters and NHS Grampian is not responsible for the promotion.

Tune of the day [Don't Leave Me This Way](#) – not The Communards 80s take on it, nor the Harold Melvin & The Bluenotes original, but Thelma Houston's version of this anthemic tune. Incidentally, I briefly fell down a Wikipedia rabbit hole researching this one – did you know both Sheena Easton and Gina G have taken a crack at this tune as well?

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot