

Tuesday 4 April 2023

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**Child Health Newsletter** Our NHS Grampian Child Health Commissioner, Tracy Davis, has launched a newsletter to make it easier to share child health information across the 'system'. It's a one-stop-shop for training opportunities, celebrating good practice, spotlighting engagement activity, sharing the latest on legislation, policy decisions and guidance, and supporting the implementation of The Promise and best practice around children's rights. [View the Child Health Commissioner's Newsletter.](#)

**Successful test of change on expansion of Fit-Notes** A number of pilot settings across both primary and secondary care have been involved in a test of change to support the expansion of those who are able to provide Fit-Notes across Grampian. This has been very successful, with teams who took part saying it makes a difference to supporting patients in a more efficient way.

The expansion is continuing in primary care settings across Grampian, with the opportunity for a range of allied health professionals working within the community to undertake training to enable you to issue Fit-Notes. If you work in a community setting and would like to take part in the training, please first have a discussion with your line manager. The training is available via TURAS and is open to all practices.

It is necessary to develop a local process for recording Fit-Notes electronically in secondary care in order to make it possible to extend this training to colleagues working in hospital settings. If you are interested in helping to develop a local process for secondary care, or if you have any questions, please email [Lyndsay.Cassie@nhs.scot](mailto:Lyndsay.Cassie@nhs.scot)

**Calling all staff nurses, midwives & AHPs** NHSG is excited to announce the LEO Programme – Leading an Empowered Organisation. This programme provides individuals with values and evidence-based leadership skills. For more information, please the flyer sent by email along with the brief and note your interest by 9am on 19<sup>th</sup> April 2023. For more information, email [gram.practiceeducation@nhs.scot](mailto:gram.practiceeducation@nhs.scot)

**The Baird Family Hospital and ANCHOR Centre** A [paper being discussed by our board](#) this week has raised new media interest in The Baird Family Hospital and ANCHOR Centre project. This includes updated estimated completion dates for the buildings – please rest assured the project continues to make good progress as per our previous Daily Brief update on 9 March.

Paul Allen, our Director of Infrastructure and Sustainability explained: "Construction of both buildings continues to make good progress, and we are working closely with NHS Scotland Assure and our partners to ensure these complex, modern facilities will meet the needs of the population we serve.

"A crucial element of any large capital project is the ongoing review and refinement of the agreed design, in particular the mechanical, electrical and infection prevention compliance aspects. Internal and external experts guide this process, which is independently reviewed through the National Design Assessment Process (NDAP) and the Key Stage Assurance Review (KSAR) process.

"We will always welcome any changes that lead to a more robust process, a safer clinical environment of our buildings. Whilst the slippage of time is disappointing, it is, without doubt, the right thing to do."

**Staff IT Training Support in ARI** The eHealth Applications Training and Facilitation Team are currently offering face-to-face training support as part of a three-month pilot which ends on 28<sup>th</sup> April, in the Healthpoint located at the main concourse in Aberdeen Royal Infirmary. They are offering support and guidance on all things TrakCare and other eHealth applications. This includes:

- Applying for access/access issues
- On the spot training
- Setting preferences
- Signposting to further support resources

They are open Monday – Friday 8:30am to 1pm and 1:30 to 4pm. For all technical issues (including password resets), please continue to log calls with the IT Service Desk either using the portal or by calling extension 54444.

**NHS Grampian health advice** Healthline offers free and confidential advice from trained staff on a wide range of topics. Visit the Healthpoint at ARI Concourse or call the free Healthline on 08085 20 20 30.

**Flying Start sessions** NMAHP Practice Education team will be delivering a short refresher session for existing Flying Start Facilitators for all Nursing, Midwifery and Allied Health Professionals. These sessions will run from 3pm to 4pm on 13<sup>th</sup> April, 24<sup>th</sup> May and 16<sup>th</sup> August. The sessions will be delivered via MS Teams and are bookable via TURAS. For any other information, please contact [gram.practiceeducation@nhs.scot](mailto:gram.practiceeducation@nhs.scot)

**Research Round-up** Research and Development have released the latest 'Research Round-up' which shares relevant news, important updates and training sessions. The link for the bulletin is: [Research Round up - March 2023.pdf \(abdn.ac.uk\)](#)

**Thanks from the QI Friday Group** The Geriatric Medicine team would like to acknowledge all those who participated in their World Delirium Awareness Day puzzle challenges. It was great to see from the many entries received awareness of the common triggers of delirium. Congratulations to winner – drawn at random on Friday afternoon, Christine Williams, who works within neurology at the Allan Downie Suite. Christine received a voucher acknowledging her ability to recognise the common triggers of delirium. Congratulations Christine.

**Foot care guidance** A wee reminder from our podiatry team that [Personal Footcare Guidance](#) is available on the Scottish Government website. You can also view a helpful [Looking after your feet video](#) on NHS Greater Glasgow and Clyde's YouTube channel.

**Brew and a blether – new dates!** There will be Brew and a Blether sessions as follows:

- Tuesday 11 April, 2-4 pm, ARI (Orange Zone Café)
- Wednesday 12 April, 10am –12pm, Aberdeen Maternity Hospital
- Thursday 20 April, 3-5pm, RACH 3rd Floor

All staff are invited to take a break, enjoy a hot drink and take the opportunity to talk to representatives from the Chief Executive's team, Staffside, We Care, and psychology.

**Tune of the day** If you're after a new song to boogie along to or are in need of some inspiration to impress the teenagers in your life with some new dance moves, today's tune is for you. Enjoy [Candle Flame by Jungle](#). At work or on hols? Happy dancing! (KJ).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)