

Tuesday 6 December 2022

Reminder – drop-in vaccination clinics, ARI If you have still to get your ‘flu and/or COVID-19 jab, you can head to Level 3, Yellow Zone, ARI between 9.30am and 4pm tomorrow and Thursday (7 & 8 December). No appointments necessary; at busy times you may be asked to come back later.

Please use the stairs (opposite M&S on the concourse) to get to Level 3, leaving the lift free for patients attending the Eye Clinic.

If you aren't based at Foresterhill, remember health & social care staff can drop into any vaccination centre in Grampian. We have clinics in Elgin, Huntly, Peterhead, Fraserburgh, Macduff, Inverurie, Banchory, and Stonehaven. The main Aberdeen clinic is in the former John Lewis, with smaller clinics in Airyhall and Bridge of Don. All clinics in Aberdeenshire, along with Airyhall and Bridge of Don, are open Monday-Friday. Fiona Elcock Vaccination Centre in Elgin is open Monday-Saturday; Aberdeen City Vaccination Centre is open 7 days a week.

School industrial action Members of the SSTA and NASUWT unions will take strike action in Moray, Aberdeen City, and Aberdeenshire this Thursday. Closures and partial closures have been confirmed by all three councils; parents and carers should have had direct communication from their school. As you'll be aware, if this disruption affects your ability to attend work, it is important you have an urgent conversation with your line manager to discuss the use of annual leave, parental leave, TOIL, working at home, or rearranging shifts as appropriate.

Royal Mail strikes There will be walkouts at Royal Mail this Friday and Sunday (9 & 11 December). There will be no change to our internal postal service, but there will be delays to collection and onward delivery by Royal Mail and all services should plan accordingly.

Near Me – showcasing how one service reduced their wait time for first assessment [Watch Mark Burrell and Vicki Greig](#) from Oral & Maxillofacial Surgery/Oral Surgery talk about Near Me, Consult Now, and [how they took a service redesign approach with Near Me](#) during the pandemic, resulting in the wait time to first assessment reducing from 72 weeks to 14 weeks. If you are new to Near Me (or just a little rusty) [then click here for more information and support](#), or email gram.nearme@nhs.scot

Sustainability workshop Thanks to everyone who has already confirmed attendance at tomorrow's workshop ***How can the health service deliver an environmentally sustainable, healthier and more equal society?*** The workshop will take place between 3-4.30pm and there's still time to get involved; contact Jillian Evans (jillian.evans3@nhs.scot) for a Teams invitation.

There's also still time to tell us what sustainability means to you, [by answering this single question](#).

Tissue Viability newsletter The latest newsletter from the Tissue Viability Specialist Nurses is available [to read by clicking here](#). For further questions, contact gram.tissueviabilityeducation@nhs.scot

Inspiring NMAHPS Each year we seek nominations for Inspiring NMAHPS; this year we had over 70 nominations. Thank you to all who nominated and congratulations to all nominees. It was a tough task, but here are your 2022 winners:

- Penny Gravill, Lead Speech & Language Therapist, Neurosciences & Facial Palsy, for going absolutely over and above to treat and support patients and families under her care. Penny's commitment, professionalism and compassion has transformed countless lives for the better. Over and above her day job, Penny has developed the Face Value Group for those with facial palsy in Aberdeen, Edinburgh, and Perth and is a pioneer practitioner in awake craniotomy procedures.
- Justine Collie, Practice Development Nurse, Systemic Anti-Cancer Therapy. Justine inspires nurses around her with her absolute dedication to best evidence based, nursing practice and total commitment to ensuring the very best for patients. With an openness to new ideas and innovative practice, Justine is constantly assessing best ways to upskill nurses who work in the areas of SACT. She contributes to, and leads on many guidelines and documents, feeds into local and national workgroups to share knowledge and guidelines as widely as possible.
- Katrina Cruickshank, Advanced Nurse Practitioner, Dr Gray's Hospital. Katrina is described as an extremely dedicated, conscientious hardworking, passionate, and patient centric nurse. Following decades as in orthopaedic nurse in Dr Gray's she completed her Advanced Nurse Practitioner Training and provides expertise and support to the inpatient areas, being a crucial link between the junior doctors and consultants. The continuity of care offered by Katrina, ensures the very best outcome for vulnerable frail patients.

Tune of the day One of the great privileges of writing this brief is being able to share with you all in the highs and lows of life. Today is one such occasion; I'm sorry to say that one of our own, Margaret Bruce, passed away at the weekend. Margaret worked across a number of services in her 35-year career with the NHS, and her daughter Tracey Dunn also works here. Her favourite song was Louis Armstrong's [What a Wonderful World](#), I dedicate this to Margaret and everyone who knew and loved her (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot