

Daily Brief...

Thursday 9 June 2022

ASK CAROLINE

CHIEF EXECUTIVE STAFF QUESTION & ANSWER SESSION



In the second Q&A in a week, Chief Executive Caroline Hiscox tackles smarter working, MRI radiotherapy, staff shower facilities & car parking, Office 365 and much more in the [latest "Ask Caroline"](#). As always, we understand you may only have time to watch the portions most relevant to you, so we've included the time-stamped question links below:

[00:00](#) Introduction

[00:50](#) Office 365

[02:48](#) Smarter working – is it being applied equitably?

[07:35](#) MRI radiotherapy treatment planning service **

[09:28](#) Shower facilities

[12:04](#) Car parking (Lady Helen Parking Centre (multi-story) at ARI)

[16:14](#) Masters degree qualifications requirements - Band 6 District nurse vs Band 8A Lead Nurse

[19:00](#) Health Visitors/ Universal Health Visiting Pathway

[22:00](#) Upkeep of departmental websites

[25:23](#) Audio (podcast) versions of these Q&As

**Additional update on question: “When will NHS Grampian provide an MRI radiotherapy treatment planning service?”. Answer provided by Radiology service: “Hopefully by the end of the financial year 2023/24, but the attached document fills in some detail as well as puts things in context with the wider equipment strategy in radiotherapy.” [Document available to read here.](#)

In episode 8, Caroline was asked about why WhatsApp couldn't be used for business reasons. Information Governance have produced this [additional material which colleagues may find helpful for background.](#)

An audio version is [available to listen to on SoundCloud](#) and a transcript of the Q&A can be found on the [NHSG staff intranet](#) (networked devices only). The transcript is written exactly as spoken so it can be a little odd to read, and we apologise for any inaccuracies it contains.

If you'd like to ask Caroline a question or provide feedback on these videos, send an email to gram.communications@nhs.scot. Questions can be asked anonymously, just request this in your email.

Overseas travel and infection risks With the easing of restrictions and summer holidays approaching, there will be more people travelling abroad. This does bring an increased risk of introduction of infection to healthcare environments, if returning travellers attend. [Please display this poster](#) (intranet link, networked devices only) at sites where patients may be attending and in in-patient areas, please ensure continued use of the patient placement tool to mitigate any potential risk.

Counselling and Psychological Therapies for Staff - The Wellbeing Hub The Wellbeing Hub offers staff access to talking therapies including Person-Centred Counselling, Cognitive-Behavioural Therapy (CBT), and Clinical Psychology sessions. Counselling is available to NHS staff only, whilst CBT and psychology sessions are available to those employed by the NHS, Social Care and Third Sector services. If you are experiencing psychological wellbeing difficulties, we'd encourage you to consider our service. Sessions are confidential, provided by qualified clinicians, and access is made easy through an electronic self-referral form. Further information and access to our self-referral form is through the [Grampian Occupational Health Service website, under the Wellbeing Hub section](#).

Dress policy We should all remember there is a dress policy, which covers all members of NHS Grampian staff. In particular, if you work in a clinical area, you should bear in mind the following rules:

- You should be bare below the elbow. Short sleeves are preferable, long sleeves should be rolled up.
- Fingernails should be short and clean. Nail polish, including gel polish, and/or false nails should never be worn.
- A plain, smooth, wedding band ring is permitted. Jewellery with stones, sharp edges, or crevices should not be worn.
- Wrist watches, bracelets, rubber wristbands, and wrist worn fitness devices (e.g., FitBit) should not be worn.

The above list is not exhaustive, and we would encourage everyone to read the dress policy and ensure they comply with it, according to their role. [The policy is available to read here](#) (intranet link, networked devices only). It has also been attached to the email used to send out this brief, for ease.

Nursing through Covid – Engagement Programme 2022 The 'Nursing through Covid' study explored the experiences of nurses working in the acute sector of NHS Grampian during the pandemic. Nursing staff responded to email invitations to complete a short survey about their mental wellbeing and their perceived stress scores whilst providing care in the acute sector of NHS Grampian. A selection of these people were then invited to participate in an interview. We are now running a programme of online engagement events with RGU over the next few months to share the findings of this study with all staff across Grampian. We are keen to hear your thoughts about the findings and more about your experiences of supporting yourself and others during the pandemic. We'd like to hear from people in all settings and disciplines across NHS Grampian. If you would like to come along to any of the below online engagement workshops, please access the links below on the appropriate date. Alternatively, you can email your feedback to: nursingthroughcovid@rgu.ac.uk.

[Tuesday 14 June, 11am-12noon](#)

[Monday 27 June, 2-3pm](#)

[Tuesday 12 July, 11am-12noon](#)

[Tuesday 19 July, 10.30-11.30am](#)

[In advance of the workshops it is helpful \(though not mandatory\) to watch this video.](#)

