

Friday 24 March 2023

**Secondary Care Hubs** Referral guidance and requesting process for attendance at Secondary Care Hubs is now live on Grampian Guidance. This can be accessed using the following link: [Secondary Care Hubs - Referral Information \(scot.nhs.uk\)](https://scot.nhs.uk) (networked devices only)

**We Care Wellbeing Pulse Survey** The We Care Wellbeing Pulse Survey provides an understanding and overview of staff wellbeing throughout the year. It helps inform the development of wellbeing resources. Please take a few minutes (it should take less than 5) to complete this survey about your wellbeing and your thoughts on the We Care programme and staff wellbeing resources – either by clicking the link: [5299 Pulse Survey March 2023 \(snapsurveys.com\)](https://snapsurveys.com), or scanning the QR code if you are reading a printed copy of the brief.



**Climate Week - lunchtime talks on Sustainable Healthcare** To mark Climate Week North-East, which starts this coming Monday, the University of Aberdeen Medical School have arranged a series of lunchtime talks. All taking place between 12-1pm at the Suttie Centre, they will explore sustainable prescribing, diets, theatres and much more. These talks offer a great networking opportunity, and a free lunch is provided to those able to attend in person. Full [details on the programme and how to book are available here](#).

**That was the week that was** As always on a Friday, here's a quick run through of the key items shared this week ([previous briefs are available online here](#)):

Monday 20 – missed appointments/changes at GO Health Services, instructions for financial year end

Tuesday 21 – NHS Scotland Agenda for Change pay award (please note table shown is for full-time staff and amounts will be paid pro-rata), upgrade to Hutchison MRI scanner at Woodend, poetry special

Wednesday 22 – update on pressures at Royal Cornhill Hospital, invitation to Endowment Fund event at ARI

Thursday 23 – Public Emergency Alerts – how to disable for vulnerable patients/clients, survey on Counter Fraud services

**STAR Award** No presentations to announce this week; remember it's really easy to nominate a colleague or team for a STAR. You simply [complete the online nomination form](#) or email their details to [gram.staffthanksandrecognition@nhs.scot](mailto:gram.staffthanksandrecognition@nhs.scot)

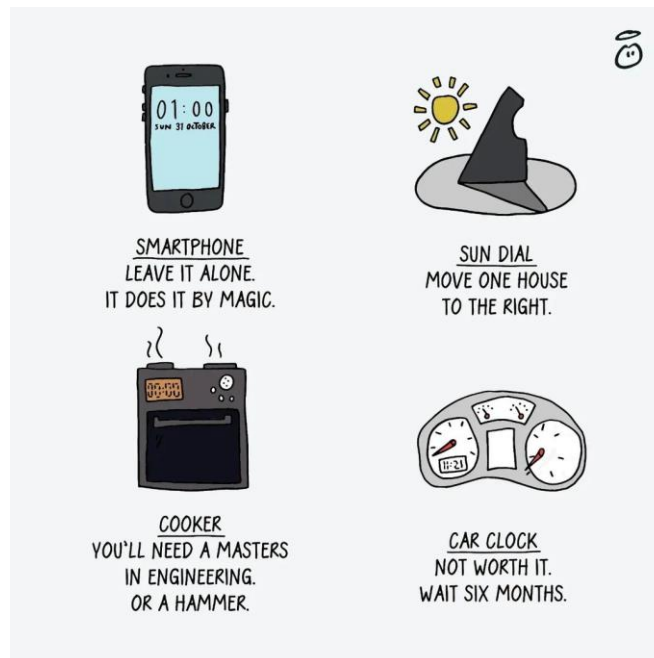
**NHS Grampian feature on Paths for All's "Voices of the Walk" podcast** Morven Sambrook, a physiotherapist at Royal Cornhill Hospital, and Katrina Schofield, Active Travel Officer for NHS Grampian, featured on a recent episode of Paths for All's "Voices of the Walk" podcast. They talk about their work with the Cornhill Healthy Working Lives group in working towards achieving the Walk at Work Award for Cornhill Hospital. This is an accreditation scheme for Scottish employers, recognising organisations supporting staff to be active in and around the working day. Paths for All provide an easy-to-follow action plan and support for workplaces working towards achieving the award.

[You can access the podcast here: Podcasts | Paths for All](#) or on your usual streaming service such as Spotify or audible. Search for the most recent episode: "Getting up, out and active with the Walk at Work Award". Get in touch with [katrina.schofield@nhs.scot](mailto:katrina.schofield@nhs.scot) if you have any questions about the award and would like support with getting the award for your workplace.

**Ticket Offer** Rockhopper Comedy are hosting a night of stand-up at Aberdeen Squash & Racquetball Club next Saturday (1 April) and they're offering half-price tickets to health & social care staff. To take advantage of the offer, [simply click this EventBrite link](#) and enter the code Squash50 to get tickets reduced to £7.50 each. As always, NHS Grampian does not benefit from, or take responsibility for, offers such as this.

**Tune of the day** Aileen Grant makes today's request, dedicated to Jennifer Fraser, as she leaves the Radiology team in ARI to take up a new post. They're headed out for Jennifer's leaving 'do' this evening and have asked for [Club Tropicana](#) to get the party started!

Whatever your plans for this weekend, remember the clocks go forward tomorrow! This handy guide (pinched from Innocent Drinks) should see you right. The brief will return on Monday (EP)



If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)