



Aim:

People living, working and supporting people in care homes have limited access to research opportunities compared to those living at home (Law and Ashworth 2022). ENRICH Scotland aims to improve the research infrastructure and opportunities available to Scottish care home communities by working with care home staff, residents, families and researchers. All research aims to improve the lives of people living and working in care homes.

AUTHORS

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REFERENCES

Law, E and Ashworth, R. 2022. Facilitators and Barriers to Research Participation in Care Homes: Thematic Analysis of Interviews with Researchers, Staff, Residents and Residents' Families, *Journal of Long-Term Care*, pp.49-60.

Methods:

Clinical studies officers (CSOs) are based throughout Scotland, ensuring that all regions are covered. This gives care homes throughout Scotland the opportunity to participate in research. The following progress has been made in just two years:

42

42 studies supported

Communication:

We maintain an active social media presence have a website, have a monthly newsletter, an upcoming podcast (thanks to RICH Voices) and have recently produced a video.



ENRICH Scotland

over 25% of Scottish Care Homes are registered with ENRICH

Number of Care homes recruited



Research forum and care home managers research forum established.

RICH Voices:

Research In Care Homes (RICH) Voices, is a group aimed at a range of people including residents and staff, with an interest in care home research. The group can help influence research in a range of ways such as offering feedback to researchers.



Since February 2023, the number of care homes signed up in Aberdeen, Aberdeenshire, Moray and Shetland has more than doubled following the appointment of a CSO to cover these areas

Conclusions:

- The infrastructure to support care home research in Scotland is improving, however more work is required. ENRICH will work with a range of people/organisations to ensure this continues.
- ENRICH Scotland disseminates reports, publications and other outputs from the studies we have supported as these become available. An online platform to showcase these is currently being developed.
- A survey was recently conducted by ENRICH to find out which research topics are of the most interest to care homes, with the hope that this will help influence future studies being conducted.